



Unite the Union @ Change Grow Live – 3 June 2026

Fair Pay Now Newsletter - VI

London Demo

THANK YOU so much to everyone who joined the demo in London yesterday. It was a fantastic turnout and great energy. Trade union members showed out in force, bringing solidarity, homemade banners, and creative chants. Music was blasting and the sun was shining on our cause. Passersby stopped to understand the issue and took away two actions to complete for you. Most of the buses and taxis and some private citizens who passed in their vehicles honked their horns and made some noise in support. Slogans included:

What do we want? Fair Pay! When do we want it? Now!

Pay goes down, prices soar, we can't take this anymore!

We do this work because we care – 2.5 is not fair!

You can find initial posts of the event below, videos to follow! Please share these posts far and wide in your networks:

- [Instagram](#)
- [Facebook](#)
- [BlueSky](#)
- [X](#)

Next Demo is in Birmingham on Friday 12 June – please come in your lunch hour, wellbeing hour, or if you are on leave. Please share the attached poster and put it up on noticeboards. We look forward to seeing you there!

Public Actions

Please find attached a leaflet to be shared with the public at every opportunity. We have asked public supporters to complete two actions:

1. Write to Your MP here - <https://actionnetwork.org/letters/fair-pay-for-change-grow-live-workers/>
2. Send a message of support to CGL Workers here - <https://solidarity.unitetheunion.org/w/send-a-message-of-support-to-struggling-cgl-workers/>

Please share these links within your networks. Please share the leaflet.

Strike Ballot Update

You will receive a letter in the post shortly confirming strike ballot details and dates.

The strike ballot will follow one week after the letter in the post. **It is important that you VOTE YES to strike.**

All members who join before the end of the ballot will be paid £70 untaxed per striking day by Unite the Union.

What Can You Do?

1. Attend the demo on Friday 12 June 2026 12:00-14:00 at the CGL Lonsdale House, 52 Blucher Street, Birmingham, B11 1QU.
2. Come to the online member meeting on Thursday 4 June 2026 12:30-13:30:
<https://teams.microsoft.com/meet/37269188436060?p=p0qBB3orzTeKGcCWK5>
3. Sign this letter to your local MP and ask all your colleagues and friends and family and professional networks to sign: <https://actionnetwork.org/letters/fair-pay-for-change-grow-live-workers/>
4. We are gearing up to be strike ready and we need your help – please make sure your employment and contact details are correct here: <https://myunite.unitetheunion.org/login>
5. Join the Unite member whatsapp group for live updates:
<https://chat.whatsapp.com/EjHZcVB7lmy8cytTtvF37G>
6. Join Unite now: <https://join.unitetheunion.org/>
7. Now is the time to make sure everyone in your team has joined Unite the Unionn - refer a colleague today and receive a £25 shopping voucher: <https://www.unitetheunion.org/why-join/unite-member-benefits/member-get-member>

Contact Us

If you have any questions about the fight for fair pay, would like to get more involved in the union, or need support and advice in the workplace on any issue – please contact your 35 CGL Unite reps here:

- By email at cglunite@unitetheunion.org
- By phone on 02380 637373
- By Unite regional office at <https://www.unitetheunion.org/contact-us/regional-contacts>

Why Unite?

Unite wins better deals on pay, hours, pensions, and working conditions. We negotiate for all — but only members help decide what we fight for. The more members we have, the stronger we are. Don't just take the benefits - help shape them! Join Unite today and be part of the change. Explore Unite benefits: <https://www.unitetheunion.org/why-join/unite-member-benefits>

Membership rates:

- Full-time: £18.16/month
- Part-time 21 hrs or less: £10.92/month
- Under £25,000: £11.92/month
- Apprentices: £4.98/month
- Unwaged: £2.60/month
- Retired: £2.38/month

Medical Malpractice Cover:

<https://www.unitetheunion.org/why-join/member-services/health-sector/contingent-medical-malpractice-cover>

Unite members are also entitled to a free consultation with our affiliate financial advisors - **Uniec Prestige**. They will be able to advise you on different pension pots you may have, pre-retirement advice, investments, and guide you on what may be best for your financial circumstances. Please contact Uniec Prestige at cgorman@uniecprestige.co.uk or on their Freephone number **0800 055 6963**.

Membership benefits include:

- Free Employment & Legal Advice & Support
- Free Personal Injury Claim Legal Support
- Fatal Accident Benefit up to £50,000
- Permanent Disability Benefit up to £25,000
- Loss of Limb/Eye/Digit Benefits up to £10,000
- Sickness Benefit up to £1,275
- Maternity/Adoption/ Shared Parental Benefit up to £390
- Paternity Benefit up to £30
- Free Will Writing Solicitor Support
- Funeral Benefit
- Convalescent Benefit: Up to 2 weeks stay at the View Hotel Eastbourne and discounted stays at the View Hotel
- Reduced Income Benefit
- Driver cover in event of injury including Personal Accident
- **£70 Untaxed Strike Pay per member per day**



Be part of the change. Join Unite today!

